

# Working at Height FP2 Suspended Worker Rescue Course

## **Course Aims:**

This course is designed to provide operatives with the knowledge and tools to safely assess rescue requirements and perform a suspended person rescue/recovery

## **Venue Requirements:**

Room required with lighting and power connections, for projector, and seating for up to 10 delegates. Suitable practical area for live demonstrations and delegate practice.

## **Trainers Equipment:**

The course trainer will provide all media equipment, and supporting material, we will also provide a selection of relevant PPE and Rescue equipment.

## **Duration 1 day:**

## **Delegate Requirements:**

Delegates are required to complete practical examination upon completion of the course. Delegates must be reasonably physically fit.

On attaining the relevant pass level and practical assessment delegates will receive a certificate of training.



## **Course Content:**

- Introduction/ Course overview
- Overview of Legislation
- Accident Statistics
  
- Rescue Equipment selection to be Site and equipment specific.
  - Safescape
  - Gotcha
  - R250
  - R350
  - RDS /RSQ
  - Rescue retrieval block/winch
- Rescue Planning/ Suspension Trauma
- Evaluation of the Rescue
- Practical session
- Examination